

**Theme: Choice and Change: Negotiating the Life & Career you Deserve**

**Where: Lord Beaverbrook High School - Main Venue**

9019 Fairmount Drive SW

**Viscount Bennett Centre - Secondary Venue**

2519 Richmond Road SW

**When: Thursday, February 11<sup>th</sup> & Friday, February 12<sup>th</sup>, 2016**

### *Message from the Convention Coordinator...*

Planning is well underway for our 2016 Convention. We found that two sites worked well last year and I'm pleased to announce that our main venue for 2016 will be Lord Beaverbrook High School and Viscount Bennett Centre will once again host some computer and some art sessions as our secondary venue.

Thanks so much to those of you who took the time to complete our 2015 online Convention evaluations. Convention evaluations play an integral role in assisting the Convention Committee in selecting sessions. The Committee values your input and works very hard in meeting your requests.

If you have any questions/suggestions with regard to our 2016 Convention, please contact me at 403.242.7555 ext. 3 or via e-mail to: [sue@staffassociation.ca](mailto:sue@staffassociation.ca).

*Sue Wenaas*

### *Keynote Speaker*

We are honoured to introduce our Keynote Speaker, Michelle Cederberg, a sought-after health and productivity expert, speaker, coach and author who wants you to lead a healthier, happier, more energetic life. Michelle has presented many sessions over the past few years at our Convention and has received incredible praise from members that have attended her sessions. She has a Masters in Kinesiology, a BA in Psychology, a specialization in Health and Exercise Psychology, is a Certified Exercise Physiologist and Certified Professional Co-Active Life Coach.

She truly combines mind, body and practicality to inspire Change!

### *2016 Convention On-Line Brochure/Registration*

Our 2016 Convention Brochure will be available for on-line viewing by mid-December. On-line registration will begin after Winter Break.

### *Article 10 - Attending SA's Convention*

#### **Article 10 - Staff Association Convention**

*10.1 Continuous employees will be allowed at least one (1) day, with pay, to attend the annual Staff Association Convention. Employees not required to work either of the days of the Staff Association Convention shall not be entitled to receive additional compensation for time spent at the Staff Association Convention.*

**Please note:** Continuous employees - if you are not at work you are expected to attend Convention. If you are not at Convention, you need to have made alternate arrangements with your immediate supervisor as you are paid for the two days during Convention.